

	<b>Heat 1</b>	<b>Rx/Scaled</b>	<b>Workout 1&amp;2</b>	<b>Workout 3</b>
1	Katie H./Abby K.	Rx	8:00	10:00
2	Colby J./Hayden K.	Rx	8:00	10:00
3	Lauren M./Zeus	Rx	8:00	10:00
4	Nina K./Jason K	Scaled	8:00	10:00
5	Rico G./Nicole S.	Scaled	8:00	10:00
	<b>Heat 2</b>	<b>Rx/Scaled</b>	<b>Workout 1&amp;2</b>	<b>Workout 3</b>
1	Steve L./Peter P.	Scaled	8:20	10:20
2	Rudy M./Rod G.	Rx	8:20	10:20
3	Eric C./Suzy C.	Scaled	8:20	10:20
4	Lauren G./Katy R.	Scaled	8:20	10:20
5	Mike M./ Danita E.	Scaled	8:20	10:20
	<b>Heat 3</b>	<b>Rx/Scaled</b>	<b>Workout 1&amp;2</b>	<b>Workout 3</b>
1	Travis T./David T.	Rx	8:40	10:40
2	Jeff Ne./Mac T.	Rx	8:40	10:40
3	Melissa S./Maria H.	Scaled	8:40	10:40
4	Tom R./Carrie R.	Scaled	8:40	10:40
5	Sue M./Jimmy W.	Rx	8:40	10:40
	<b>Heat 4</b>	<b>Rx/Scaled</b>	<b>Workout 1&amp;2</b>	<b>Workout 3</b>
1	Sonya C./Kelly R.	Rx	9:00	11:00
2	Andy S./Kelly G.	Rx	9:00	11:00
3	Carissa L./Joelle W.	Scaled	9:00	11:00
4	Courtney E./Kevin E.	Scaled	9:00	11:00
5	Mariana/ Rochelle	Scaled	9:00	11:00